

THE DIRECTION OF ART THERAPY IN THE DEVELOPMENT OF IMAGINATION IN YOUNG SCHOOLCHILDREN IS THE USE OF ISOTHERAPY AND ITS APPLICATION AS A CORRECTIVE METHOD

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“Imagination is more important than knowledge because knowledge is limited.

Imagination encompasses everything in the world,

is the catalyst for evolution and evolution”

Albert Einstein

Annotation: Creative activity is any human activity that creates something new. In this sense, everything that surrounds us and is created by human hands, the whole world of culture, unlike the natural world, is the product of human imagination and creation based on this imagination. Imagination is a specific form of the human psyche that is distinct from other mental processes and at the same time occupies an intermediate position between perception, thinking, and memory. Imagination is unique to man and is strangely related to the activity of the organism, and at the same time is the most "mental" of all mental processes and states. This article discusses today's modern ways of developing the imagination of small school students in particular.

Keywords: Imagination, social consciousness, isotherapy, art, correction, worldview, mental processes, adaptation, negative and positive emotions - emotions, coordination, Art Treatment, organization, deviant behavior - attitude, natural inclination, style.

The role of imagination is undoubtedly great - it is infinite and covers the whole world. But imagination itself does not replace the knowledge necessary for man. Great discoveries are not just the result of imagination, they are based on hard work. In particular, a broad, colorful imagination can solve a variety of problems. It would be more appropriate to develop such an image in childhood.

Imagination significantly expands and deepens the cognitive process. It also plays a big role in changing the objective world. Before changing something in practice, a person changes it mentally. Younger school-age children have different ideas about the social world. Imagination allows a child to deepen and strengthen valuable personal qualities such as courage, perseverance, resourcefulness, organization; By comparing his own and other people's behaviors in an imaginary situation, the child learns to make the necessary assessments and comparisons, develops and exercises his natural inclinations. The role of imagination in childhood corresponds to the educational function, which means to organize the child's behavior in forms that can be realized in the future. The imagination itself, which is of particular importance for the performance of the activity, is formed in different types of activities and disappears after the child stops moving. The use of modern art methods of art therapy in the development of their creative imagination will be a new approach.

In recent years, art therapy has become a great way to solve a variety of psychological problems. Art Treatment is effective and beneficial, so it is widely used when working with people regardless of age. There are almost no restrictions on art therapy, but it allows you to achieve really good results.

Often parents are interested in such ways of working because they apply to children of any age. The isotherapy method of art therapy is very effective, especially when working with students of small school age.

Isotherapy is a treatment using fine arts. Today, this technique is one of the most popular. Drawing allows a person to overcome deep conflicts and overcome negative emotions such as anger, aggression and despair. Man-made paintings or other works of art help to gain social approval, increase self-esteem, and overcome loneliness and various complexes. The theme, style and materials are not so important for creating

images. A person can draw abstract things during a lesson. These types of art therapy for children are very convenient and fun. Fine art allows a child to feel and understand himself, to freely express his thoughts and feelings, to be himself, to freely express his dreams and hopes, as well as to get rid of negative experiences will give. Drawing is not only a reflection of the surrounding and social reality, but also a modeling of it, an expression of the attitude to it. Drawing develops sensory-motor coordination because it requires the coordinated participation of many mental functions. Imagination in children aged 7-10 is far from reality, which allows them to easily solve any problem situation. Any creative imagination, on the other hand, expands the level of knowledge in the child.

In conclusion, it should be noted that today's modern method of psychology the use of isotherapy in school and in educational institutions in general leads to the development of children's knowledge, broadening their horizons and is a very adequate method of preventing various deviant behaviors that may occur in students.

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